

# maas marathon de la Basse-Meuse

# 8 MAI 2016

jogging plus  
YOUR RUNNING SPECIALIST



## DIPLOME

Marathon de la Basse Meuse  
Maasmarathon  
08-05-2016

### **BINON Frédérique**

ran the Marathon race in the net time  
of 4:30:26 to the  
average speed of 9.361 km/h (6:24.5/km)  
and finishes at position 348 (16 f40)

10k: 0:59:48 21.1k: 2:06:32 30k: 3:03:15

### **Pour les organisateurs**

T. Guarino

X. Malmendier

R.Meureau