

# maas marathon de la Basse-Meuse

# 8 MAI 2016

jogging plus  
YOUR RUNNING SPECIALIST



## DIPLOME

Marathon de la Basse Meuse  
Maasmarathon  
08-05-2016

### **ONSSELS Jean-Claude**

ran the Marathon race in the net time  
of 4:34:30 to the  
average speed of 9.223 km/h (6:30.3/km)  
and finishes at position 369 (4 h65)

10k: 0:56:35 21.1k: 1:59:52 30k: 3:04:36

### **Pour les organisateurs**

T. Guarino

X. Malmendier

R.Meureau